

NAUTILUS PLATE LOADED



GLUTE DRIVE NP-L1131

The Nautilus Glute Drive safely and smartly isolates your glutes, building power through a strong hip bridge motion, creating sexy glutes, improved hip and core stability. The Glute Drive gives you the full benefits of the hip thrust exercise, simply, safely, and with good form. A comfortable padded belt secures the user to the back pad which supports the full length of the spine for added safety. Users can load up to four plates on each side, which gives the machine a max weight load of 360 lbs.

PRODUCT DIMENSIONS

WIDTH	60 IN (152.5 CM)
LENGTH	62 IN (157.5 CM)
HEIGHT	35 IN (89 CM)
STACK WEIGHT	N/A
OVERALL WEIGHT	252 LBS (114 KG)
SHIPPING WEIGHT	305 LBS (138 KG)

ADJUSTMENTS & MOVEMENTS

USER DEFINED RANGE OF MOTION	No, fixed path of motion with upper body pivot bench
ASSISTED ADJUSTMENTS	N/A
COLOR CODED PIVOT POINTS AND ADJUSTMENTS	N/A
UNILATERAL OR BILATERAL MOVEMENT	N/A
CONVERGING OR DIVERGING MOVEMENTS	N/A
PULLEY RATIO	N/A

FRAME SPECIFICATIONS & CABLE INFORMATION

STANDARD FRAME COLOR OPTIONS	Matte Black (-60)
STANDARD UPHOLSTERY COLOR OPTIONS	Black
FRAME FINISH	Electrostatic Powder coating
CUSTOMIZABLE PAINT OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE	Yes with additional fees and extended lead times
CUSTOMIZABLE BRANDING OPTIONS AVAILABLE	No
CABLE VS. BELT DRIVEN TRANSMISSION	N/A
BOLT DOWN LOCATIONS DEFINED	Yes
INTEGRATED LEVELING SYSTEM	No, rubber feet for floor protection
HARDWARE TYPE	Hex / Button Head
TUBING STYLE & THICKNESS	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

USER SPECIFIC INFORMATION

STATIC PLACARDS	Yes
MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE	Yes
ANIMATED LENTICULAR	No
SAFETY CATCH & STOPS	Dual sided safety catch and release mechanism for ease of use & bottom dropout safety stop
WATER BOTTLE HOLDER	No
PHONE HOLDER	No
GRIP SPECIFICATIONS	Rubber, smaller grips.
FOOT PLATFORM	Oversized angled foot platform to accommodate users of all sizes
CONTOURED PADS	No
RESTRAINT SYSTEM	Heavy reinforced padded waist harness provides optimal lifting application

WEIGHT STACK SPECIFICATIONS

TOTAL STACK WEIGHT	N/A
INCREMENTAL WEIGHT SYSTEM	N/A
WEIGHT STACK TOWER HEIGHT	N/A
PLATE LOADED	Yes, 360 lbs max load capacity, starting resistance 15 lbs
WEIGHT STORAGE SOLUTION	Yes, optional bolt on plate storage
LNL TECHNOLOGY	N/A
ADD-ON RESISTANCE AVAILABLE	Yes, integrated resistance band pegs for modification of load curve
WEIGHT STACK SHROUD SPECIFICATIONS	N/A

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